

## **Sops For Eye Opd Area In Covid/Corona Times**

### **Preventive Measures (General):**

- ALL staff members/patients /attendants to mandatorily wear face mask in hospital premises -tape the mask on nose with micropore
- NO attendant or ONE attendant per patient policy to be strictly followed.
- All persons (patients, attendant, visitor & Staff) coming to hospital shall pass the “THERMAL SCREENING” and DO HAND WASH /SANITISE at entry point -Should submit self declaration form and have a screened sticker on arm.
- All OPDs to have hand sanitizers
- Staff shall practice hand wash /sanitise on an hourly basis
- \* Maintaining 1 meter / 3 feet distance between 2 patients
- \*Reducing instances of hand to hand transfer (handing over of bills/ prescriptions/cash)
- \* In case of sneezing/coughing, cover mouth with tissue / flexed elbow, the used tissue to be immediately thrown in a CLOSED bin
- \* Keep doors open as much as possible to avoid touching of doorknobs and for ventilation

### **Precautions at Ophthalmic Evaluation and OPD Procedures**

1. Protection for mouth, nose, and eye (with triple layered/N95 masks if available , goggles/ visor mask/ face shield).Wear OT dress , cap ,examination gloves and slippers.
- 2.Slit lamp with plastic shield / mouse/ keyboard/table surface/telephone will be sprayed with disinfectant by optometry staff every hour.
3. Everyone to clean hands with sanitizers in between examination of patients
4. While performing any contact procedure like tonometry, gonioscopy, keratometry, A scan, B Scan, ,Visual Fields, thoroughly clean instruments before and after every new case
5. OPD –Trial frames, lenses to be wiped with alcohol swabs after doing refraction for each case. All non-essential, non-critical examinations should be avoided and patient explained need for more elaborate testing in future as feasible
6. Special handling of conjunctivitis patients with non-contact gloves and cotton buds
- 7 Open door policy
8. All used items MUST be disposed off in proper colour bins.
9. Stop Direct Ophthalmoscopy / Avoid all aerosol-based procedures including NCT
- 10.All Health care workers (HCW) coming in direct patient contact and ophthalmologists should change into scrubs at entry to the hospital and change

out to home clothes at exit. They should be encouraged to take a soap bath at once they reach home.

### **Housekeeping Protocol**

1. Floor of All the high risk areas MUST be cleaned with 1% Sodium Hypochlorite 2 hourly
- 2 Door handles, high touch surface like reception counter, tables with 1 % Sodium Hypochlorite ( 4 Times /Day)
- 3.Chair in the waiting area (head end, arm rest etc) , Electronic /IT equipment like monitor, Key board, Mouse etc must be done with surface disinfectant every two hourly
- 4.Wheel chair and Stretcher trolley must be cleaned with 1% Sodium Hypochlorite solution
- 5 Fogging of entire hospital shall be done on weekly basis

Dr Parul Sharma  
Director & HOD -Ophthalmology